

FLOOD



BE PREPARED • TAKE PRECAUTIONS • STAY SAFE

Floods can potentially increase the transmission of diseases



**Protect against mosquitoes, use
bed nets, mosquito repellents
and full sleeve clothing**

**Seek support
for mental
and emotional
distress**



**Avoid
contact with
flood waters**



**Ensure tetanus
and measles
vaccinations for
children**



**Seek immediate
treatment and report
diarrhoea, sudden
illness, or infection**

**Cover open wounds and
seek immediate treatment**



HELPLINE 112

